

# Mediterranean Delights

## All Natural & Certified Organic Hummus, Frummus, Whole-Grain Prepared Salads, Falafel & Tahini Products

**Vegetarian/Vegan/Gluten-Free/All Natural/Organic/Trans-fat Statement**



*All of Mediterranean Delights' products are Kosher certified & Free of Hydrogenated Oils!*

Product Description	MD Codes	Shelf Life	Vegan or Vegetarian	Gluten or Gluten-Free	All Natural or Organic	Trans Fats
Traditional Hummus	33120	60 Days	Vegan	Gluten-Free	All Natural	0g
Roasted Garlic Hummus	33130	60 Days	Vegan	Gluten-Free	All Natural	0g
Roasted Red Pepper Hummus	33145	60 Days	Vegan	Gluten-Free	All Natural	0g
Spicy Hummus	33150	60 Days	Vegan	Gluten-Free	All Natural	0g
Green Olive & Pimento Hummus	33160	60 Days	Vegan	Gluten-Free	All Natural	0g
Sundried Tomato & Dill Hummus	33170	60 Days	Vegan	Gluten-Free	All Natural	0g
Chipotle Pepper Hummus	33245	60 Days	Vegan	Gluten-Free	All Natural	0g
Bagel Hummus (extra thick)	33300	60 Days	Vegan	Gluten-Free	All Natural	0g
Lemon Pepper Hummus	33400	60 Days	Vegan	Gluten-Free	All Natural	0g
Tomato Basil Hummus	33500	60 Days	Vegan	Gluten-Free	All Natural	0g
Parsley & Onion Hummus	33700	60 Days	Vegan	Gluten-Free	All Natural	0g
Scallion & Cilantro Hummus	33800	60 Days	Vegan	Gluten-Free	All Natural	0g
Mediterranean Black Bean Dip	33900	60 Days	Vegetarian *	Gluten-Free	All Natural	0g
Avocado & Lime Hummus	33910	60 Days	Vegan	Gluten-Free	All Natural	0g
Asian Spice Hummus	33920	60 Days	Vegan	Gluten-Free	All Natural	0g
Baba Ganouj	55160	60 Days	Vegan	Gluten-Free	All Natural	0g
Certified Organic Original Hummus	108012-35	52 Days	Vegan	Gluten-Free	100% Organic	0g
Certified Organic Roasted Garlic Hummus	108050-35	52 Days	Vegan	Gluten-Free	100% Organic	0g
Certified Organic Tomato Basil Hummus	108036-35	52 Days	Vegan	Gluten-Free	100% Organic	0g
Certified Organic Lemon Pepper Hummus	108029-35	52 Days	Vegan	Gluten-Free	100% Organic	0g
Certified Organic Asian Spice Hummus	108067-35	52 Days	Vegan	Gluten-Free	100% Organic	0g
Certified Organic Avocado & Lime Hummus	108043-35	52 Days	Vegan	Gluten-Free	100% Organic	0g
Certified Organic Roasted Red Pepper	108104-35	52 Days	Vegan	Gluten-Free	100% Organic	0g
Apple Cinnamon Frummus	40964	60 Days	Vegan	Gluten-Free	All Natural	0g
Peach Mango Frummus	40894	60 Days	Vegan	Gluten-Free	All Natural	0g
Cranberry Almond Frummus	40724	60 Days	Vegan	Gluten-Free	All Natural	0g
Curried Ginger Tempeh Salad	55000	30 Days	Vegan #	Gluten **	MWOI	0g
Mock Chicken Tempeh Salad	55100	30 Days	Vegan #	Gluten-Free	MWOI	0g
Mediterranean Chickpea Salad	44500	30 Days	Vegan	Gluten-Free	MWOI	0g
Tabouleh Salad	44600	30 Days	Vegan	Gluten ***	MWOI	0g
Cous Cous Confetti Salad	44668	30 Days	Vegan	Gluten ***	MWOI	0g
Crunchy Barley Salad	44669	30 Days	Vegan	Gluten ****	MWOI	0g
Garden Lentil Salad	44792	30 Days	Vegan	Gluten-Free	MWOI	0g
Black Bean & Rice Salad	44890	30 Days	Vegan	Gluten-Free	MWOI	0g
Curry Rice & Walnut Salad	44898	30 Days	Vegan	Gluten-Free	MWOI	0g
Wheatberry, Cranberry & Orzo Salad	44910	30 Days	Vegan	Gluten ***	MWOI	0g
Multi-Grain, Fennel & Olive Salad	44920	30 Days	Vegan	Gluten ****	MWOI	0g
Sweet Israeli Cous Cous Salad	44930	30 Days	Vegetarian *	Gluten ***	MWOI	0g
Mediterranean Falafel Salad	44940	30 Days	Vegan	Gluten-Free	MWOI	0g
Sauerkraut Corn Relish Salad	44960	30 Days	Vegan	Gluten-Free	MWOI	0g
Sesame Noodle Salad	44970	30 Days	Vegetarian *	Gluten ***	MWOI	0g
Fresh Falafel (ready-to-cook)	77220	30 Days	Vegan	Gluten-Free	MWOI	0g
Sesame Tahini Dressing	88100	30 Days	Vegan	Gluten-Free	All Natural	0g
Sesame Tahini Paste	88200	90 Days	Vegan	Gluten-Free	All Natural	0g
<b>Legend:</b> * Product contains Honey ** Product contains Tamari (which contains wheat) *** Product contains Wheat			<b>Legend:</b> **** Product contains Barley or Rye ***** Product contains Farro (includes gluten) MWOI: (definition) Made With Organic Ingredients # Product contains Soy			